



# **COPTHORNE PRIMARY SCHOOL**

## **ANTI BULLYING POLICY**

|                                    |                    |  |             |
|------------------------------------|--------------------|--|-------------|
| <b>Date of issue</b>               | <b>Review date</b> | <b>Date ratified by Governing Body</b> |             |
| February 2015                      | February 2018      | February 2015                          |             |
|                                    | <b>Print name</b>  | <b>Signature</b>                       | <b>Date</b> |
| <b>Head of School</b>              | Mrs C Shepherd     |  |             |
| <b>On behalf of Governing Body</b> | Mrs N Hussain      |  |             |

COPTHORNE PRIMARY SCHOOL  
**Anti Bullying Policy**

Copthorne Primary School seeks the wholeness of all its children, spiritual, physical, intellectual and social.

**Rationale**

At Copthorne Primary School we recognise that bullying can occur. When it does it can be harmful both physically and emotionally for the victim. It can also be a sign that the child carrying out the bullying has underlying issues that need to be addressed. The purpose of this policy is to enable adults in the school to recognise bullying when it takes place and to deal with it effectively.

*Copthorne Primary School recognises that a number of other policies and procedures developed and operated by school form part of the wider agenda of Safeguarding and Promoting Children's Welfare and this policy should be read in conjunction with the policies listed below:*

- . *Safeguarding Policy*
- . *Child Protection Policy*
- . *Pupil Restraint Policy*
- . *Behaviour Policy*

**What is bullying?**

Bullying is deliberately hurtful behaviour. It is usually repeated, often over a period of time and when it is difficult for those being bullied to defend themselves.

We believe that there are a number of types of bullying.

**Emotional:** excluding from a group, tormenting, ridiculing, humiliating

**Physical:** hitting, punching, pinching kicking or taking someone's belongings.

**Verbal:** name-calling, insulting, Indirect bullying, through spreading stories about someone, threats, making fun of someone

**Racist:** racial taunts, gestures, making fun of someone's culture or religion

**Sexual:** unwanted physical contact, sexually abusive or sexist comments

**Cyber:** setting up hate websites, offensive e-mails and texts

**Bullying is not:**

It is important to understand that bullying is not odd occasion falling out with friends, name calling, arguments or when the occasional 'joke' is played on someone. Children do sometimes fall out or say things because they are upset. When occasional problems of this kind arise it is not classed as bullying. It is an important part of a child's development to learn how to deal with friendship breakdowns, the odd name calling or childish prank. We all have to learn how to deal with these situations and develop social skills to repair relationships.

**It is bullying** if it is done repeatedly and on purpose.

Whenever the opportunity arises it must be made profoundly clear that we will **not** tolerate bullying at Copthorne Primary. We are committed to providing a caring, friendly and safe environment for all our pupils so that they can grow and learn in a relaxed and safe environment.

## **Why do we tackle bullying?**

We tackle bullying as an issue because we are an effective, caring school and we believe that:

- Children should be happy and feel safe at school
- Bullying makes people unhappy and leads to low self-esteem.
- Pupils who are being bullied are unlikely to concentrate fully on their schoolwork.
- Some pupils avoid being bullied by not attending school.
- Pupils who observe unchallenged bullying behaviour may copy this anti-social behaviour.
- We wish to build the self-esteem of all pupils, especially bullies and victims.

## **Procedures for reporting and responding to bullying incidents**

Allegations and incidents of bullying at Copthorne Primary School will be taken seriously by all staff and dealt with impartially and promptly. All of those involved will have the opportunity to be heard. Staff will support all children involved whilst the allegations and incidents are investigated and resolved.

The following procedures are to be followed:

- Incidents of bullying need to be reported to an adult in school.
- A Learning Mentor will speak to all children involved about the incident separately or if appropriate as a group. This will be reported to the Deputy/Headteacher.
- The problem will be identified and possible solutions suggested
- Appropriate action will be taken to end the bullying behaviour or threats of bullying.
- The bully (bullies) may be asked to genuinely apologise. Other consequences may take place and appropriate sanctions applied e.g. loss of privileges, Spending playtime and lunchtimes with an adult, parents being called into school.
- If possible, the pupils will be reconciled.
- An attempt will be made and support given to help the bully (bullies) understand and change his/her behaviour.
- In serious cases the incident will be recorded and kept on file.
- In repeated or serious cases the school may follow the following sanctions: lunch time exclusion, fixed term exclusion, permanent exclusion.
- Staff will attempt to adopt a problem solving approach through circle times, PSHE activities and/or drama activities

## **Role of Parents**

Parents have an important part to play in our anti bullying policy. We ask parents to:

- Look out for unusual behaviour in their child – for example not wanting to attend school, feeling ill regularly, or not completing work to their usual standard.
- Always take an active role in their child's education, Enquire how their day has gone, who they have spent time with etc.
- Inform the school if they feel their child may be a victim of bullying behaviour. Their complaint will be taken seriously and appropriate action will follow.
- Never approach a child in the playground or on their way home who they feel has bullied their child.
- Advise their child not to fight back or to repeat the bullies' behaviour as this will only make the situation worse.
- Reassure their child that it is not their fault they are being bullied.

### **Strategies for the prevention and reduction of bullying**

Whole school initiatives and proactive teaching strategies will be used throughout the school to develop a positive learning environment with the aim of reducing the opportunities for bullying to occur. These include:

- Work by the Learning Mentors
- Regular PSCHÉ teaching following the agreed scheme of work
- Taking part in national anti bullying week
- Awareness through anti bullying assemblies
- Outcomes from monitoring of bullying, pupils voice and questionnaires etc will be acted upon to ensure provision continually addresses any concerns
- Circle time
- Drama/role play activities
- Befrienders for children who are experiences difficulties settling into school
- The following of the whole school behaviour policy which includes using praise and rewards to reinforce good behaviour
- Encouraging the whole school community to model appropriate behaviour towards one another

### **Monitoring of Policy**

This policy will be monitored by the Senior Leadership Team and through staff meetings and will be reviewed annually.